



PROJECT HEART START

NMHI FOUNDATION



PREPPING LIST

EQUIPMENT

- ✓ Computer
- ✓ Projector and screen
- ✓ Large television
- ✓ Manikins
- ✓ AED Trainers
- ✓ Chocking Vests
- ✓ Flat Man
- ✓ Clorox wipes
- ✓ Completion Cards + certs
- ✓ Quiz or link to quiz

SET UP

- ✓ upon arriving make sure you get the video set up first.
- ✓ Projector/Tv hooked up to computer or flash-drive with
- ✓ Sound/speakers/Video working
- ✓ Projector/Tv hooked up to computer or flash-drive with
- ✓ Blow up manikins with air pump
1 manikin for every 2 people
- ✓ Have AED and choking vest near by and ready to use

AT THE END

- ✓ Hand out completion quiz, or direct class to QR code
- ✓ Hand out certificate of completion and participation card.
- ✓ Deflate manikins and sanitize all equipment, Take battery out of Practice AED.